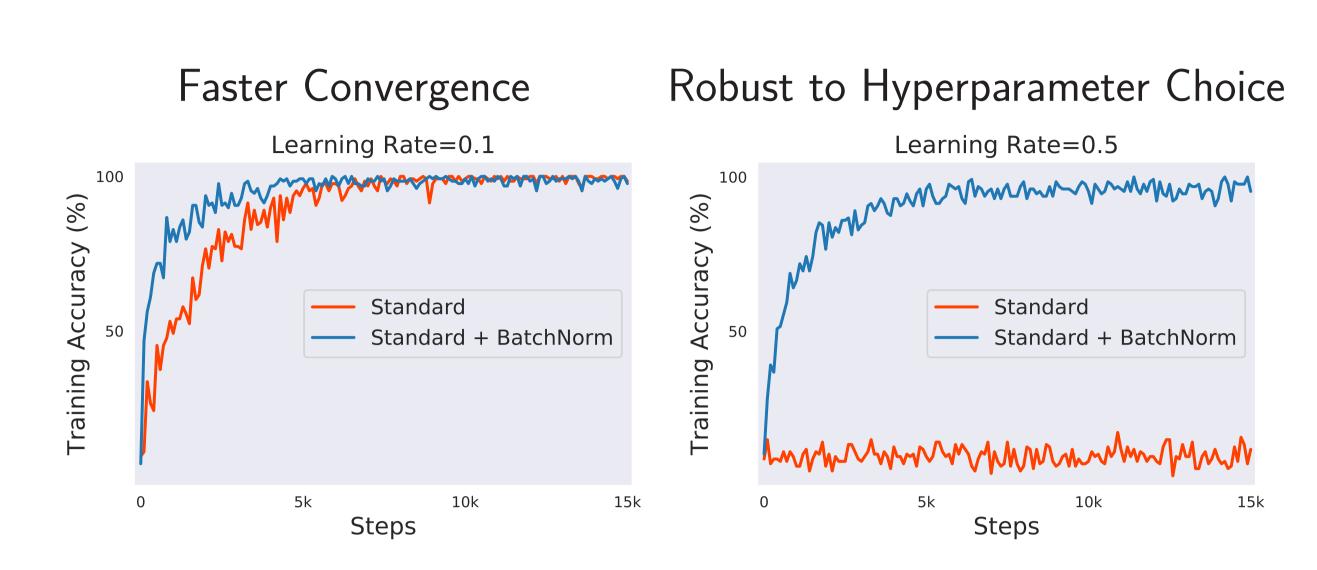
# How Does Batch Normalization Help Optimization?

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### Batch Normalization (BatchNorm)



 $\Rightarrow$  Used almost by default in most architectures (7k+ citations)

How does BatchNorm help training?

### Why does BatchNorm work?

Reducing Internal Covariate Shift (ICS) by normalizing activations

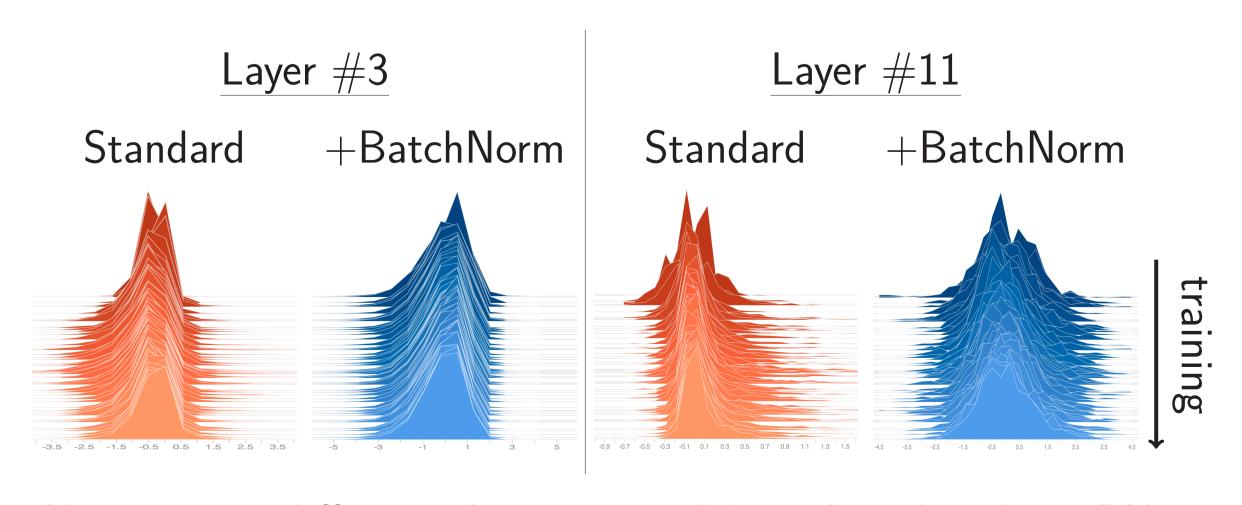
[When training deep models, the input distribution of each layer changes over time.] The change in the distributions of layers' inputs presents a problem because the layers need to continuously adapt to the new distribution.

[loffe, Szegedy 2015]

**But:** Is that really what happens?

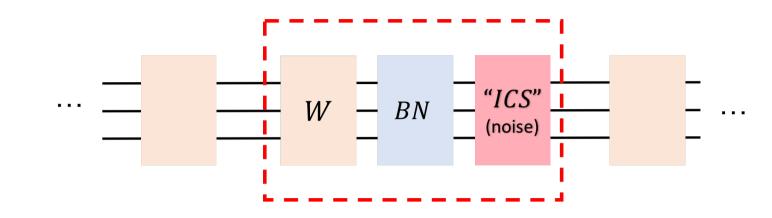
### A closer look at activation distributions

Layer inputs over training:

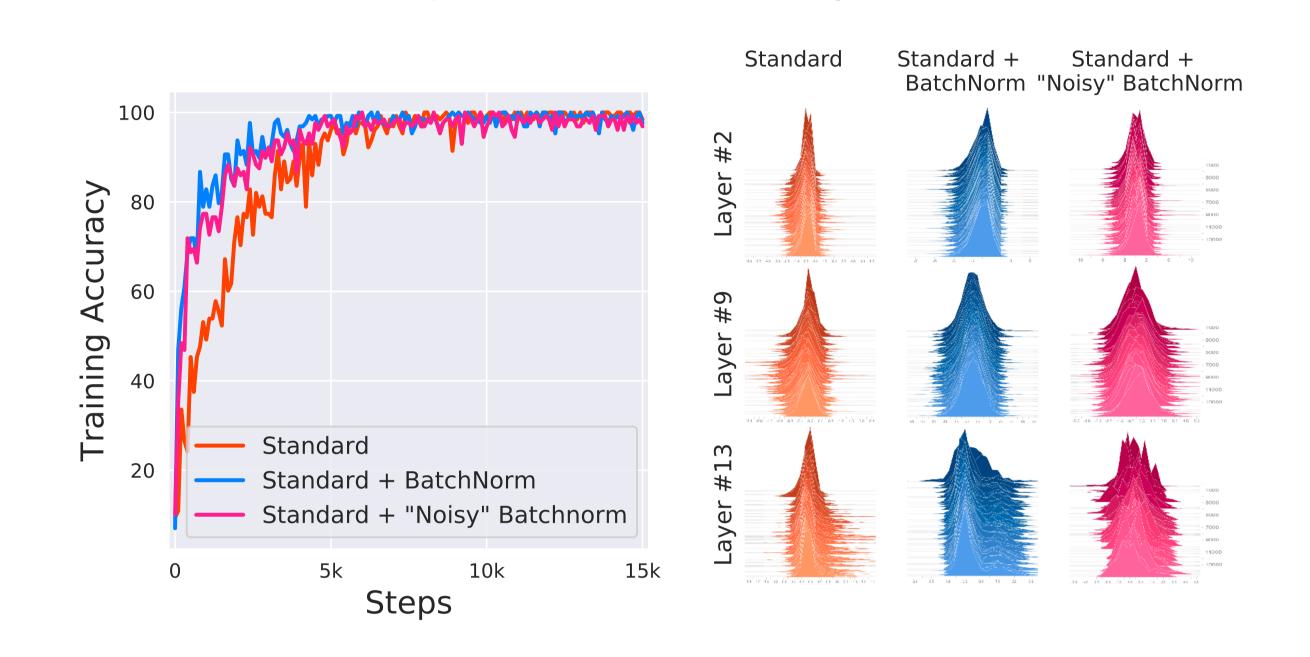


 $\Rightarrow$  No apparent difference between models with and without BN

### What if we introduce additional (artificial) ICS?



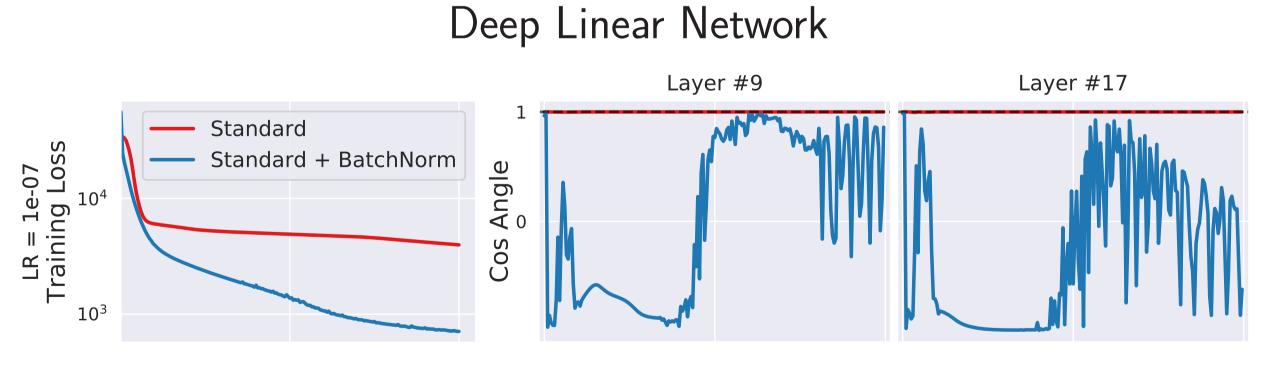
**Specifically:** We add **time-varying** noise (with **non-zero mean**) to the **outputs** of BatchNorm layers

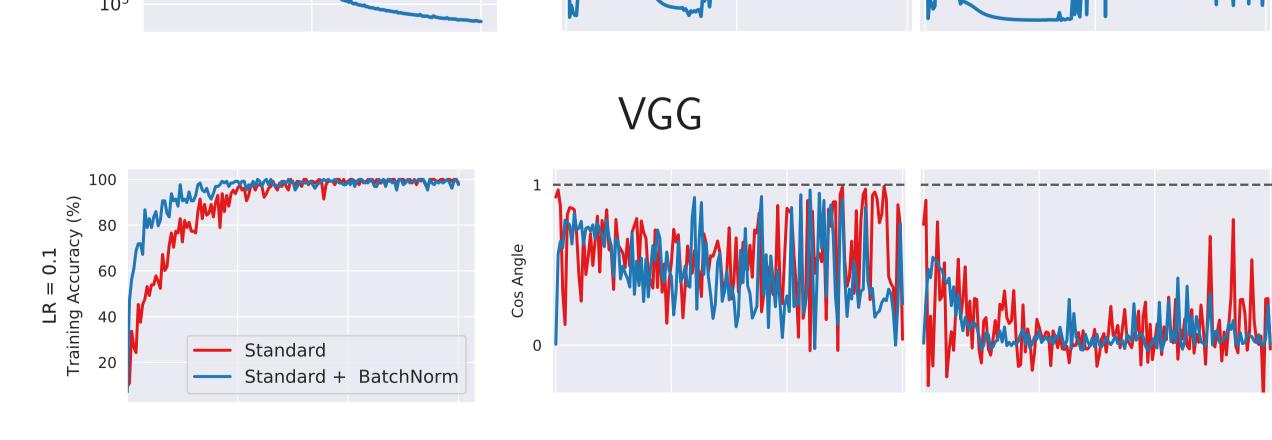


**Result:** Increased instability, yet **no** apparent decrease in performance ⇒ Stability and performance seem to **not** be strongly connected

### An optimization-based notion of ICS?

Idea: Measure change in gradient due to previous layer updates



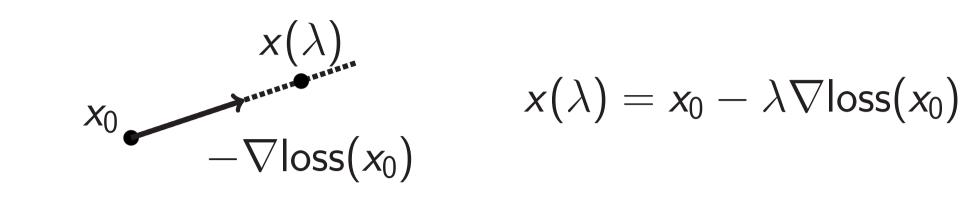


#### We observe:

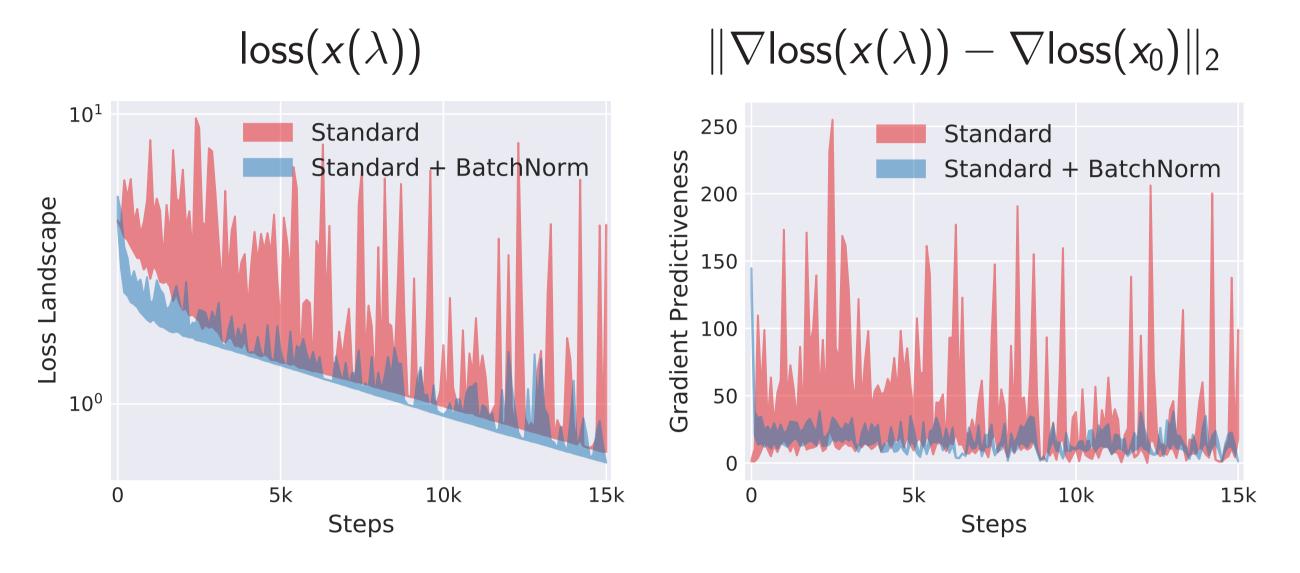
- $\rightarrow$  In deep linear models there is essentially no such change altogether
- ightarrow In VGG networks, the changes caused by the updates to previous layers are similar for both standard and batch normalized networks

### Roots of BatchNorm's success

Our approach: Examine the loss and gradient landscape

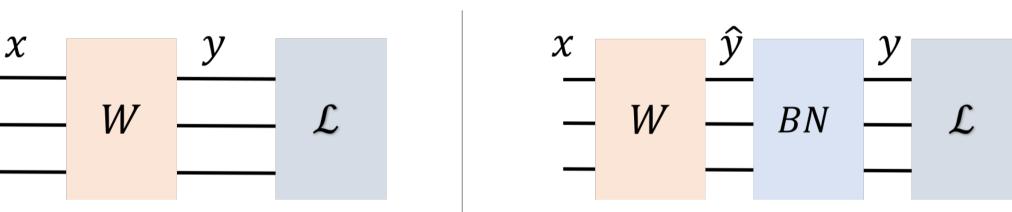


**Specifically:** Measure variation of loss and gradient over  $\lambda$ 



 $\Rightarrow$  Loss and gradients significantly better behaved for BatchNorm

## Impact of adding a BatchNorm layer



#### We show:

- $\Rightarrow$  Loss is **provably** more Lipschitz wrt y
- $\Rightarrow$  Gradients wrt y are **provably** more predictive (and hence reliable)
- $\Rightarrow$  Translates into similar **worst-case** improvements for W

#### **Future directions**

- → Better normalization schemes
  - (Normalizing by other norms offer similar improvements)
- $\rightarrow$  Understand BatchNorm's impact on generalization
- → More broadly: Study the other elements of our DL toolkit in depth

Full version at arxiv:1805.11604