Adaptive Segmentation of MRI Data

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Abstract—Intensity-based classification of MR images has proven problematic, even when advanced techniques are used. Intrascan and interscan intensity inhomogeneities are a common source of difficulty. While reported methods have had some success in correcting intrascan inhomogeneities, such methods require supervision for the individual scan. This paper describes a new method called adaptive segmentation that uses knowledge of tissue intensity properties and intensity inhomogeneities to correct and segment MR images. Use of the expectation-maximization (EM) algorithm leads to a method that allows for more accurate segmentation of tissue types as well as better visualization of magnetic resonance imaging (MRI) data, that has proven to be effective in a study that includes more than 1000 brain scans. Implementation and results are described for segmenting the brain in the following types of images: axial (dual-echo spin-echo), coronal [three dimensional Fourier transform (3-DFT) gradient-echo T1-weighted] all using a conventional head coil, and a sagittal section acquired using a surface coil. The accuracy of adaptive segmentation was found to be comparable with manual segmentation, and closer to manual segmentation than supervised multivariate classification while segmenting gray and white matter.

I. INTRODUCTION

The advantages of magnetic resonance imaging (MRI) over other diagnostic imaging modalities are its high spatial resolution and excellent discrimination of soft tissues. MRI provides rich information about anatomic structure, enabling quantitative pathological or clinical studies [1]; the derivation of computerized anatomical atlases [2]; as well as pre- and intra-operative guidance for therapeutic intervention [3], [4]. Such information is also valuable as an anatomical reference for functional modalities, such as positron emission tomography (PET) [5], single photon emission computed tomography (SPECT), and functional MRI [6].

Advanced applications that use the morphologic contents of MRI frequently require segmentation of the imaged volume into tissue types. This problem has received considerable attention—the comprehensive survey article by Bezdek et al. [7] lists 90 citations. Such tissue segmentation is often achieved by applying statistical classification methods to the signal intensities [8].

Manuscript received October 18, 1994; revised March 26, 1996. The Associate Editor responsible for coordinating the review of this paper and recommending its publication was N. Ezquerra. Asterisk indicates corresponding author.

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0278-0062/96$05.00

II. DESCRIPTION OF METHOD

We model intra- and interscan MRI intensity inhomogeneities with a spatially-varying factor called the gain field that multiplies the intensity data. The application of a logarithmic transformation to the intensities allows the artifact to be modeled as an additive bias field.

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If the gain field is known, then it is relatively easy to estimate tissue class by applying a conventional intensity-based segmentor to the corrected data. Similarly, if the tissue classes are known, then it is straightforward to estimate the gain field by comparing predicted intensities and observed intensities. It may be problematic, however, to determine either the gain or the tissue type without knowledge of the other. We will show, however, that is possible to estimate both using an iterative algorithm (that converges in five to ten iterations, typically).

A. Bias Field Estimator

We use a Bayesian approach to estimating the bias field that represents the gain artifact in log-transformed MR intensity data. We first compute a logarithmic transformation of the intensity data as follows:

\[ Y_i = \ln\left(\frac{X_i}{\beta_i}\right) \]

where \( X_i \) is the observed MRI signal intensity at the \( i \)th voxel, and \( m \) is the dimension of the MRI signal.

Similar to other statistical approaches to intensity-based segmentation of MRI [10], [11], the distribution for observed values is modeled as a normal distribution (with the incorporation of an explicit bias field)

\[ p(Y_i | \Gamma_i, \beta_i) = G_\psi_{\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i) \]

where

\[ G_\psi_{\Gamma_i}(x) = (2\pi)^{-m/2} |\psi_{\Gamma_i}|^{-1/2} \exp\left(-\frac{1}{2} x^T \psi_{\Gamma_i}^{-1} x\right) \]

is the \( m \)-dimensional Gaussian distribution with variance \( \psi_{\Gamma_i} \), and where

- \( Y_i \) observed log-transformed intensities at the \( i \)th voxel;
- \( \Gamma_i \) tissue class at the \( i \)th voxel;
- \( \mu(x) \) mean intensity for tissue class \( \pi \);
- \( \psi_x \) covariance matrix for tissue class \( \pi \);
- \( \beta_i \) bias field at the \( i \)th voxel.

Here \( Y_i, \mu(x), \) and \( \beta_i \) are represented by \( m \)-dimensional column vectors, while \( \psi_x \) is represented by an \( m \times m \) matrix. Note that the bias field has a separate value for each component of the log-intensity signal at each voxel. In words, (2) states that the probability of observing a particular image intensity, given knowledge of the tissue class and the bias field is given by a Gaussian distribution centered at the biased mean intensity for the class.

A stationary prior (before the image data is seen) probability distribution on tissue class is used, it is denoted

\[ p(\Gamma_i). \]

If this probability is uniform over tissue classes, our method devolves to a maximum-likelihood (ML) approach to the tissue classification component. A spatially varying prior probability density on brain tissue class is described in [18]. Such a model might profitably be used within this framework.

The entire bias field is denoted by \( \beta = (\beta_0, \beta_1, \ldots, \beta_{n-1})^T \), where \( n \) is the number of voxels of data. The bias field is modeled by a \( n \)-dimensional zero mean Gaussian prior probability density. This model allows us to capture the smoothness that is apparent in these inhomogeneities

\[ p(\beta) = G_{\psi_\beta}(\beta) \]

where

\[ G_{\psi_\beta}(x) = (2\pi)^{-n/2} |\psi_\beta|^{-1/2} \exp\left(-\frac{1}{2} x^T \psi_\beta^{-1} x\right) \]

is the \( n \)-dimensional Gaussian distribution. The \( n \times n \) covariance matrix for the entire bias field is denoted \( \psi_\beta \). Although \( \psi_\beta \) will be too large to manipulate directly in practice, we will show below that tractable estimators result when \( \psi_\beta \) is chosen so that it is banded.

We assume that the bias field and the tissue classes are statistically independent, this follows if the intensity inhomogeneities originate in the equipment. Using the definition of conditional probability we may obtain the joint probability on intensity and tissue class conditioned on the bias field as follows:

\[ p(Y_i, \Gamma_i | \beta_i) = p(Y_i | \Gamma_i, \beta_i)p(\Gamma_i) \]

and we may obtain the conditional probability of intensity alone by computing a marginal over tissue class

\[ p(Y_i | \beta_i) = \sum_{\Gamma_i} p(Y_i | \Gamma_i, \beta_i) \]

Thus, our modeling has led to a class-independent intensity distribution that is a mixture of Gaussian populations (one population for each tissue class). Since this model is a Gaussian mixture, rather than a purely Gaussian distribution, the estimators that we derive below will be nonlinear.

We assume statistical independence of the voxel intensities (in other words, the noise in the MR signal is spatially white). We may then write the probability density for the entire image as

\[ p(Y | \beta) = \prod_i p(Y_i | \beta_i). \]

Bayes’ rule may then be used to obtain the posterior probability of the bias field, given observed intensity data as follows:

\[ p(\beta | Y) = \frac{p(Y | \beta)p(\beta)}{p(Y)} \]

where \( p(Y) \) is an unimportant normalizing constant.

Having obtained the posterior probability on the bias field, we now use the maximum-a-posteriori (MAP) principle to formulate an estimate of the bias field as the value of \( \beta \) having the largest posterior probability

\[ \hat{\beta} = \arg \max_\beta p(\beta | Y). \]
A necessary condition for a maximum of the posterior probability of $\beta$ is that its gradient with respect to $\beta$ be zero. We use an equivalent zero-gradient condition on the logarithm of the posterior probability

$$\frac{\partial}{\partial [\beta]_k} \ln p(\beta|Y)\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}$$

(10)

where $[\beta]_k$ is the $k$th component of the bias field at voxel $i$. Installing the statistical modeling of (2)–(9) yields the following expression for the zero gradient condition:

$$\frac{\partial}{\partial [\beta]_k} \left( \sum_j \ln p(Y_j|\beta_j) + \ln p(\beta) \right)\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

Since only the $i$th term of the sum depends on $\beta_i$, we have (after differentiating the logarithms)

$$\frac{\partial}{\partial [\beta]_k} \frac{p(Y_i|\beta_i)}{p(Y_i|\beta_i)} + \frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)}\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

Using (2) and (6), this may be rewritten as

$$\sum_{\Gamma_i} p(\Gamma_i) \frac{\partial}{\partial [\beta]_k} G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)$$

$$\sum_{\Gamma_i} p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)$$

$$\frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)}\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

Differentiating the Gaussian expression in the first term yields

$$\left[ \sum_{\Gamma_i} p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i) \right]$$

$$\sum_{\Gamma_i} p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)$$

$$\frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)}\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

This expression may be written more compactly as

$$\left\{ \sum_j W_{ij} [\psi_j^{-1} (Y_i - \mu_j - \beta_j)]_k + \frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)} \right\}_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

(11)

with the following definition of $W_{ij}$ (which are called the weights)

$$W_{ij} \equiv \left( \frac{p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)}{\sum_{\Gamma_i} p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)} \right)$$

$$\sum_{\Gamma_i} p(\Gamma_i) G_{\psi\Gamma_i}(Y_i - \mu(\Gamma_i) - \beta_i)$$

(12)

where subscripts $i$ and $j$ refer to voxel index and tissue class, respectively, and defining

$$\mu_j \equiv \mu_{\text{tissue-class-}j}$$

as the mean intensity of tissue class $j$. Equation (11) may be re-expressed as follows:

$$\left\{ \sum_j W_{ij} [\psi_j^{-1} (Y_i - \mu_j)]_k - \sum_j W_{ij} [\psi_j^{-1} \beta_j]_k \right\}$$

$$+ \frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)}\bigg|_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

or as

$$\left\{ \frac{\partial}{\partial [\beta]_k} [\psi_\Gamma^{-1} \beta_i]_k + \frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)} \right\}_{\beta=\hat{\beta}} = 0 \quad \forall_{i,k}.$$ 

(13)

with the following definitions for the mean residual:

$$\bar{R}_i \equiv \sum_j W_{ij} \psi_j^{-1} (Y_i - \mu_j)$$

(14)

and the mean inverse covariance

$$\bar{\psi}\Gamma^{-1} _{ik} \equiv \begin{cases} \sum_j W_{ij} \psi_j^{-1} & \text{if } i = k \\ 0 & \text{otherwise} \end{cases}$$

(15)

The mean residuals and mean inverse covariances defined above are averages taken over the tissue classes, weighted according to $W_{ij}$.

Equation (13) may be re-expressed in matrix notation as

$$\bar{R} - \bar{\psi}\Gamma^{-1} \beta + \frac{\partial}{\partial [\beta]_k} \frac{p(\beta)}{p(\beta)}\bigg|_{\beta=\hat{\beta}} = 0.$$ 

Differentiating the last term yields the following:

$$\bar{R} - \bar{\psi}\Gamma^{-1} \beta - \psi\beta^{-1} \beta = 0.$$ 

(16)

Finally, the zero-gradient condition for the bias field estimator may be written concisely as

$$\hat{\beta} = H \bar{R}$$

(17)

that is, the bias field estimate is derived by applying the linear operator $H$ to the mean residual field, and $H$ is determined by the mean covariance of the tissue class intensities and the covariance of the bias field.

The bias field estimator of (16) has some resemblance to being a linear estimator in $Y$ of the bias field $\beta$. It is not a linear estimator, however, owing to the fact that the $W_{ij}$ (the “weights”) that appear in the expression for $\bar{R}$ and $H$ are themselves nonlinear functions of $Y$ (12).
The result of the statistical modeling in this section has been to formulate the problem of estimating the bias field as a nonlinear optimization problem embodied in (16). This optimization depends on the mean residual of observed intensities and the mean intensity of each tissue class, and on the mean covariance of the tissue class intensities and the covariance of the bias field. In the next section an approach to obtaining solutions (estimates) is described.

B. EM Algorithm

We use the EM algorithm to obtain bias field estimates from the nonlinear estimator of (16). The EM algorithm was originally described in its general form by Dempster et al. [19]. It is often used in estimation problems where some of the data are “missing.” In this application, the missing data is knowledge of the tissue classes. (If they were known, then estimating the bias field would be straightforward.)

In this application, the EM algorithm iteratively alternates evaluations of the expressions appearing in (12) and (16)

\[ W_{ij} \leftarrow \frac{p(\Gamma_i)G_{\psi_j}(Y_i - \mu(\Gamma_i) - \beta_j)P_{i,j}}{\sum_{\Gamma_i} p(\Gamma_i)G_{\psi_j}(Y_i - \mu(\Gamma_i) - \beta_j)} \]  

(18)

\[ \hat{\beta} \leftarrow H \bar{R}. \]  

(19)

where \( L \) represents a “practical” lowpass filter. Then [referring to (4)]

\[ p(\beta) \propto \exp \left( - \frac{1}{2} |L^{-1}\beta|^2 \right) \]

and \( L^{-1} \) will amplify high-frequency components of \( \beta \) since it is the inverse of a lowpass filter. It is clear that this form of prior model on bias fields will have lower probabilities to the extent that the bias field contains high-frequency components.

Further, \( \psi_{\beta} \) may be chosen to be a banded matrix, this will occur if \( L \) represents a finite impulse-response (FIR) lowpass filter. Equation (16) may be written in the following way:

\[ (I + \psi_{\beta}\bar{\psi}^{-1})\hat{\beta} = \psi_{\beta}\bar{R}. \]

In this case, calculating \( \psi_{\beta}\bar{R} \) is tractable, since \( \psi_{\beta} \) is banded, and solving the linear system for \( \beta \) will also be tractable, since \( [I + \psi_{\beta}\bar{\psi}^{-1}] \) is banded (note that \( \psi^{-1} \) is diagonal).

C. Equal Covariance Case

The formalism simplifies somewhat when the tissue classes have the same covariance. In this case, \( \psi_{\beta}^{-1} = \psi^{-1} \) and

\[ \bar{\psi}^{-1}_{\text{eq}} = \sum_j W_{ij}\psi^{-1} \]

so that

\[ \bar{\psi}^{-1} = \text{diag}(\psi^{-1}, \psi^{-1}, \psi^{-1}, \ldots, \psi^{-1}). \]

In this case \( H \) will be essentially a shift-invariant linear filter, provided that the bias model is stationary. The expression for the mean residual simplifies to the following matrix expression:

\[ \bar{R} = \bar{\psi}^{-1}[Y - WU] \]

where \( W \) is the matrix of the weights \( W_{ij} \), and \( U \) is a column vector containing the class mean intensities \( U = (\mu_1, \mu_2, \ldots, \mu_m)^T \).

1) Tractability of the M Step: Although the covariance matrix \( \psi_{\beta} \) that characterizes the prior on bias fields is impractically large in general, we will demonstrate that tractable estimation models may yet be obtained.

From an engineering standpoint, \( \psi_{\beta} \) may be chosen in the following way:

\[ \psi_{\beta} = LL^T \]  

(20)

where \( L \) represents a “practical” lowpass filter. Then [referring to (4)]

\[ p(\beta) \propto \exp \left( - \frac{1}{2} |L^{-1}\beta|^2 \right) \]

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1) Tractability of the M Step: Although the covariance matrix \( \psi_{\beta} \) that characterizes the prior on bias fields is impractically large in general, we will demonstrate that tractable estimation models may yet be obtained.

From an engineering standpoint, \( \psi_{\beta} \) may be chosen in the following way:

\[ \psi_{\beta} = LL^T \]  

(20)
$H$ will be a linear lowpass filter, and describe a particularly
efficient filter.

1) Discussion: We have taken a Bayesian approach to esti-
mat ing the bias field and tissue classes, and a formal prior
model on bias fields has been assumed. This approach has
allowed us to derive a version of the EM algorithm for this
application. The operator $H$ is related to the prior on the bias
field via $\psi^{-1}$ and to the measurement noise via $\psi^{-1}$ (17).
Ideally, $H$ would be determined by estimating the covariance
$\psi_{\beta}$, but given the size of this matrix, such an approach
is impractical.

As pointed out above, $H$ is the MAP estimator of the bias
field when the tissue probabilities are known, (the “complete-
data” case with the EM algorithm). As such, $H$ is an optimal
estimator (with respect to the Gaussian modeling) and is
also the optimal linear least squares estimator (LLSE) for
arbitrary zero-mean models of the bias field whose second-
or d statistics are characterized by $\psi_{\beta}$.

Optimal filters may often be equivalently characterized
within the related formalisms of estimation theory and ran-
don processes. Although filters are perhaps more commonly
described within the framework of random processes, we have
used estimation theory in order to derive the EM algorithm for
this application. $H$ is essentially equivalent to the LLSE for
discrete random processes with given second ond statistics
(auto-correlation functions). Such estimators are characterized
by the Wiener–Hopf equations. Applications of Wiener fil-
tering are often approached via Fourier transform methods,
yielding a filter frequency response in terms of the power
spectra of the signal and noise. In such applications, the noise
spectra are often known, and the signal spectra are sometimes
estimated using techniques of spectral estimation.

A frequent problem that arises in filter design (the present
complete-data case included) is that of estimating a slowly
varying signal that has been contaminated with white noise.
Wiener theory indicates that the ideal filter in such situations
will be a lowpass filter since the optimal filters tend to
preserve frequency components having high signal-to-noise
ratio (SNR), while attenuating components having low SNR
(see the discussion in [21, Section IX-B]).

In practice, it is di cult to obtain the optimal linear filter. $H$
may be instead chosen as a good ongineering approximation
of the optimal linear filter (this approach is described in more
detail below). In this case, (18) and (19) are still a useful
estimator for the missing data case, and the good convergence
properties of the EM algorithm still apply. This is the approach
we have taken in our implementations, where the filter was
selected empirically.

Examination of the bias fields displayed in Figs. 6 and 11
shows that they are slowly varying. While the lowpass filters
$H$ we have used in practice are not the optimal filters for esti-
mat ing these bias fields, they are reasonable choices and may
correspond to reasonable subjective estimates of the unknown
probability law for bias fields, in the sense described by Friden
[22, ch. 16]. In the end, they are justified empirically by the
good results obtained via their use. Because $\psi_{\beta}$ is required to
be positive definite, not all choices of lowpass filter $H$ will
 correspond to formally valid prior models on the bias field.

2) Computationally Efficient Filter: As argued above, the
optimal $H$ will be a linear lowpass filter, when tissue class
is constant. We have employed a particularly efficient filter
that is characterized as follows:

$$\hat{\beta}_i = \left[ \frac{FR^i}{F\psi^{-1}1} \right],$$

(22)

where

$$1 \equiv (1, 1, 1, \ldots, 1)^T.$$

The filter specified above is clearly linear in the mean residual,
and it will be a lowpass filter when the tissue class is constant,
provided that $F$ is a lowpass filter. It has been designed to have
unity dc gain—a spatially constant shift in $Y$ induces the same
constant shift in $\beta$. If $F$ is chosen to be a computationally
efficient lowpass filter, then the filter specified by (22) will
also be computationally efficient.

E. Nonparametric Generalization

This section describes an extension of the segmentation
method that uses a form of nonparametric tissue class con-
ditional intensity models that are described in [23]. The
motivation was to bring the benefits of intensity inhomogeneity
correction to applications that were currently being processed
in the manner of [23].

The method that was described in previous sections has
two main components: tissue classification and bias field
estimation. Our approach in the extended method has been
to use the same basic iteration and to replace the tissue
classification component with the technique described in [23].
In more detail, we use the intensity probability densities
described in [23] for the calculation of the weights in the E
step and substitute approximations of the means and covariances
of the nonparametric densities for the means and covariances
that appear in (14) and (15).

The classifier described in [23] uses the Parzen Window
representation for nonparametric probability densities [24] that
are derived from training data. The tissue class conditional
models may be written as follows:

$$p_X(X_i | \Gamma_i = \text{tissue-class-}j) = \frac{1}{n_j} \sum_k G_{\psi_0}(X_i - X_k)$$

(23)

where $X_i$ is the MR intensity at voxel $i$, $G_{\psi_0}(x)$ is a radially
symmetric Gaussian density, and $X_{kj}$ are the intensities of the
$n_j$ training points for tissue class $j$.

The nonparametric tissue class conditional intensity models
are derived from training in the “natural” MR intensities. In
view of our logarithmic transformation of the intensity data
(1), we use the following standard formula for transforming
probability densities:

$$p_Y(Y_i | \Gamma_i) = \frac{p_X(g^{-1}(Y_i) | \Gamma_i)}{\frac{\partial g}{\partial X_i} | g^{-1}(Y_i)|}.$$
For double-echo data the resulting expression for the probability density on log-transformed data is

\[ p_Y(Y_i | \Gamma_i) = \exp(Y_1) \exp(Y_2) \cdot p_X(\exp(Y_1), \exp(Y_2))^T | \Gamma_i) \]

where \( p_X \) is the nonparametric density described in (23).

In the expression for the weights (18), we use the nonparametric class conditional densities \( p_Y(Y_i | \beta_i | \Gamma_i) \) in place of the Gaussian densities \( \mathcal{N}(\mu_i, \Sigma_i) \).

In the expressions for the average residual (14) and average covariance (15) we approximate with the empirical tissue class means and covariances from the log transformed training data, as follows:

\[ \mu_j = \frac{1}{n_j} \sum_k Y_{kj} \]

and

\[ \omega_j = \frac{1}{n_j} \sum_k (Y_{kj} - \mu_j)(Y_{kj} - \mu_j)^T \]

where \( Y_{kj} = g(X_{kj}) \) are the \( n_j \) log-transformed intensities of the training points for tissue class \( j \).

The resulting iterative algorithm is a simple generalization from the Gaussian theory developed in the previous sections. This method was designed to be a compatible replacement for an existing method [23] that did not address the issue of intensity inhomogeneities. While the extended method is not technically an instance of the EM algorithm, it has proven to be robust in practice. Results obtained using the method are described in Section III-B.

F. Implementations

1) Single-Channel Implementation: The single-channel results described in Section III-A were obtained using an implementation of the adaptive segmentation method as described in Section II-C, that was coded in the C programming language. This single-channel, two-dimensional (2-D) implementation accommodates two tissue classes and uses a predefined region of interest (ROI) to limit the part of the image to be classified and gain-corrected.

The algorithm of Section II-B has been initiated on the “E step,” (18), with a flat initial bias field, and on the “M step,” (19), with equal tissue class probabilities.

Iterated moving-average lowpass filters [25] have been used for the operator \( \tilde{H} \) in (19). These filters have a low computational cost that is independent of the width of their support (amount of smoothing). The filters have been adapted to only operate in the ROI, and to adjust the effective averaging window at boundaries to confine influence to the ROI. These filters are shift-invariant, except at the boundary regions. Averaging window widths of 11–30 pixels were used. One to four filtering passes have been used with similar results. Usually, one pass is used for the sake of efficiency. A uniform distribution was used for the prior on tissue class.

In a typical case, the program was run until the estimates stabilized, typically 5–10 iterations, requiring approximately 0.5 s per iteration (per 256×2 slice pair) on a Sun Microsystems Sparcstation 10 [26].

2) Two-Channel Implementation: The double-echo results described in Section III-B were obtained using an implementation of the nonparametric extension that is described in Section II-E. This implementation is also coded in the C programming language, it accommodates two-channel data (typically registered proton-density and T2-weighted images), and multiple (more than two) tissue classes having unequal covariances. Because it can model the important intensities in the imagery (including the background signal) it is able to correct and segment brain images without the need for a previously generated ROI. It uses the computationally efficient filter described in Section II-D2. \( F \) is implemented as a moving average filter. Both uniform and nonuniform distributions have been used for the prior on tissue class.

In a typical case, the program was run until the estimates stabilized, typically in five to ten iterations, requiring approximately 2 s per iteration (per 256×2 slice pair) on a Sun Microsystems Sparcstation 10 [26].

III. RESULTS

In this section we describe the application of adaptive segmentation to segmentation of the human brain from spin-echo and gradient-echo images. Examples are shown for the following types of brain images: axial (dual-echo spin-echo), coronal [three-dimensional Fourier transform (3-DFT) gradient-echo T1-weighted] all using a conventional head coil; and a sagittal section acquired using a surface coil. An additional example is shown for a synthetic image.

All of the MR images shown in this section were obtained using a General Electric Signa 1.5 Tesla clinical MR imager [27]. An anisotropic diffusion filter developed by Gerig et al. [28] was used as a preprocessing step to reduce noise.

The method has been found to be substantially insensitive to parameter settings. For a given type of acquisition, intensity variations across patients, scans, and equipment changes have been accommodated in the estimated bias fields without the need for manual intervention. In this sense, the method is fully automatic for segmenting healthy brain tissue.

A. Single-Channel Examples

This section shows a selection of results obtained using the single-channel implementation that is described in Sections II-C and II-F-1). Operating parameters (tissue model parameters and filter parameters) were selected manually.

1) Synthetic Example: Fig. 1 shows a synthetic test image. This image contains the sum of a checkerboard pattern and a sinusoidal pattern of slightly higher spatial frequency. The checkerboard is intended to represent two tissue classes, while the spatial sinusoid is meant to represent an intensity inhomogeneity.

This example has been constructed so that it would be difficult to correct using homomorphic filtering approaches to intensity correction, since the signal and contaminant are not well separated spectrally. Homomorphic filtering is discussed in more detail in Section V.

The initial segmentation appears on the right in Fig. 1. This result is equivalent to that which would be obtained from a
conventional two-class Gaussian classifier operating on the synthetic image. The sinusoidal “inhomogeneity” has clearly disturbed the classification.

Fig. 2 shows the final segmentation and bias field that result from running the iteration to convergence. The method has succeeded in correcting and classifying the data.

2) Coronal Brain Slices:

a) Slice example: Fig. 3 shows the input image, a slice from a coronal 3-DFT acquisition. The brain tissue ROI was generated manually. Fig. 4 shows the initial white matter probabilities and segmentation. These results are equivalent to that which would be obtained using a conventional two-class Gaussian classifier. Fig. 5 shows the final white matter probabilities and segmentation resulting from adaptive segmentation. Fig. 6 shows the final bias field estimate. The largest value of the input data was 85, while the difference between the largest and smallest values of the bias correction was about ten.

Note the significant improvement in the right temporal area. In the initial segmentation the white matter is completely absent in the binarization.

b) 3-D example: The method was used to segment a complete coronal data set consisting of 124 slices that are similar to the one described above.
Fig. 4. Results of conventional two-class Gaussian segmenter: white matter probability and segmentation.

Fig. 5. Results of adaptive segmentation: white matter probability and segmentation.

In Fig. 7 the exterior gray matter surface of the brain is shown for reference. This surface lies just inside the brain ROI, which was generated semiautomatically as in [11].

Fig. 8 shows the white matter surface, as determined by adaptive segmentation while Fig. 9 shows the result obtained without intensity correction, which is equivalent to that of conventional intensity-based segmentation. Note the generally ragged appearance and the absence of the temporal white matter structures.

The 3-D renderings were generated using the dividing cubes algorithm [29].

3) Sagittal Slice Obtained with Surface Coil: This section shows results obtained by using the method on a sagittal...
surface coil brain image. Surface coil images are frequently used in functional and interventional MRI because of their high SNR in the vicinity of the coil, however, this type of data has severe intensity inhomogeneities. The five-inch receive-only surface coil was positioned at the back of the head. Fig. 10 shows the intensity image in the left position, after having been windowed for viewing the occipital area. Note that “optimal viewing” of the image in the occipital region prevents the visualization of the rest of the image. The right position of Fig. 10 shows the gray matter probabilities resulting from starting the algorithm on the “M” step and running for one cycle. This result is equivalent to that which might be obtained using linear methods of intensity correction, see Section V for additional discussion. A brain ROI was generated manually.

Fig. 11 shows the final gray matter probability in the left position and the final bias field estimate in the right image. Fig. 12 shows the corrected intensity image. Here the gain field estimate has been applied as a correction in the ROI. Note the dramatic improvement in “viewability”—the entire brain area is now visible, although (inevitably) the noise level is higher in the frontal brain tissue that is farthest from the surface coil. Also note that despite the serious gradient in the data the gray matter/white matter contrast is consistent in the entire corrected image.

B. Automated Segmentation of Double-Echo Spin-Echo MRI Data

The results shown in this section were obtained using the nonparametric extended method described in Sections II-E and II-F2).

1) Double-Echo Axial Example: This section demonstrates results for one slice of a double-echo axial acquisition of a normal volunteer.

Fig. 13 shows one slice of registered proton-density and T2-weighted images. The corresponding initial and final segmentations are shown in Fig. 14 in the left and right positions, respectively. The tissues are encoded from black to white as follows: background, subcutaneous fat, CSF, gray matter, and white matter. The initial segmentation is substantially erroneous because of static gain discrepancies between the tissue intensity models and the data, in addition to spatial inhomogeneities. This result is equivalent to that which would be obtained with conventional nonparametric segmentation [23]. The final segmentation shows that the method has been able to adapt to the intensities present in the data. We have found that the method can reliably segment such MRI data across patients and equipment upgrades without any adjustment or intervention.

2) Multiple Sclerosis Data: This section describes results recently obtained for segmenting MR images from a large, longitudinal study of several dozen patients with multiple sclerosis (MS) [30].

A sequence of 20 dual-echo (proton-density and T2-weighted images) scans were obtained for a single multiple sclerosis patient with multiple white matter lesions. The data sets were registered (using the method described in [31], [32]) and segmented, and the results for the time series will be displayed for a representative slice in the discussion below.

The same tissue class conditional intensity models were used to segment all sections. The results without intensity correction are shown in Fig. 15. Tissues are encoded from black to white as follows: background, subcutaneous fat, gray matter, CSF, lesions, and white matter. These results are equivalent to those which would be obtained using conventional nonparametric intensity-based segmentation (which would more typically be used with per-scan manual training). These results show many gross misclassifications and demonstrate that conventional intensity-based segmentation is unfeasible in this application, at least without per-scan training. Even with per-scan training, significant asymmetries will remain in the results due to the spatial intensity inhomogeneities present in the data. Results using adaptive segmentation are shown in Fig. 16 using the same tissue encoding. Good stability and symmetry of the cortical gray matter structures are apparent. Similar results have been obtained in processing 23 complete scans for each of 47 patients participating in the study mentioned above, without the need for retraining or manually generating ROI. This has facilitated monitoring the evolution of specific white matter lesions over time. Thus, fully automatic segmentation of clinical MRI data has been demonstrated in more than 1000 complete scans, without the need for per-patient or per-scan training or adjustments. The exams occurred over a 2.5 year period that included a major MR equipment upgrade.

IV. COMPARISON TO MANUAL AND SUPERVISED SEGMENTATION

This section describes a comparison of adaptive segmentation to manual and supervised segmentation methods in
segmenting white matter and gray matter. The single-channel implementation that is described in Sections II-C and II-F-1) was used. In the first test, adaptive segmentation was compared to manual segmentations (outlining of structures performed by experienced raters). In the second test, adaptive segmentation was compared to supervised multivariate classification. The images, manual segmentations, and supervised segmentations are described in [23].

Adaptive segmentation was applied to a single slice of an axial proton-density spin-echo image, using a brain-tissue ROI. The ROI was obtained by selecting those pixels that were labeled as brain tissue by four of the five raters in the manual segmentations. The amount of difference between segmentations was calculated as the percentage of pixels in the ROI having different labels.

A. Comparison to Manual Segmentation

Table I shows the results of comparing the method to segmentations performed manually by experienced raters. The percentage of difference within the brain ROI is shown for comparisons within a group consisting of the manual segmentations and the segmentation resulting from adaptive segmentation. The percentage of difference between two segmentations was calculated by dividing the number of differently labeled pixels within the ROI by the total number of pixels within the ROI. The lower part of the table shows the average of the percentages of difference from the other segmentations.
The adaptive segmentation is consistent with the manual segmentations in the sense that it does not have the largest average difference.

B. Comparison to Supervised Classification

Table II shows the results of comparing the method to segmentations performed by the same expert raters using a supervised segmentation method described in [23]. In this test, percentages of difference within the ROI are displayed for comparisons of the supervised segmentations and the adaptive segmentations with the manual segmentations described above. The average percentage of difference (calculated as above) from the manual segmentations is also shown. The adaptive segmentation is seen to have less average difference from the manual segmentations than the supervised segmentations, so in this test, its performance is better.

V. DISCUSSION

The algorithm that has been described has two components: estimation of tissue class probability and gain field estimation. Our contribution has been to combine them in an iterative scheme that yields a powerful new method for estimating both tissue class and gain field.

The use of multichannel statistical intensity classifiers was pioneered by Vannier et al. [8]. The classification component of adaptive segmentation is similar to the method described by Gerig et al. and Cline et al. [10], [11]. They used ML classification of voxels using normal models with two-channel MR intensity signals and a semiautomatic way of isolating the brain using connectivity. The classification component of the nonparametric extended method is equivalent to that described [23].

The bias field estimation component of adaptive segmentation method is somewhat similar to homomorphic filtering (HMF) approaches that have been reported. Lutkin et al. [12] and Axel et al. [13] describe approaches for controlling the dynamic range of surface-coil MR images. A lowpass-filtered version of the image is taken as an estimate of the gain field, and used to correct the image. Lim and Pifferbaum [14] use a similar approach to filtering that handles the boundary in a novel way and apply intensity-based segmentation to the result.

When started on the “M Step,” and run for one cycle, adaptive segmentation is equivalent to HMF followed by
conventional intensity-based segmentation. We have discovered, however, that more than one iteration are frequently needed to converge to good results—indicating that adaptive segmentation is more powerful than HMF followed by intensity-based segmentation. The essential difference is that adaptive segmentation utilizes evolving knowledge of the tissue type to make increasingly accurate estimates of the gain field.

Dawant et al. describe methods for correcting intensities for tissue classification [15]. In one variant, an operator selected points of a tissue class are used to regress an intensity correction. In the other method, a preliminary segmentation is used in determining an intensity correction, which is then used for improved segmentation. This strategy is somewhat analogous to starting adaptive segmentation on the “E step” and running it for one and a half cycles. As in the previous case, our results demonstrate improvement with additional iterations.

Aylward and Coggins describe a two-stage approach that first uses a bandpass intensity corrector. Remaining inhomogeneities are handled by using supervised training to obtain spatially varying statistics for classifying the corrected MR data [17].

Several authors have reported methods based on the use of phantoms for intensity calibration [13], [16]. This approach has the drawback that the geometric relationship of the coils and the image data is not typically available with the image data (especially with surface coils). Fiducial markers were used to
address this problem in [16]. In addition, the calibration approach can become complicated because the response of tissue to varying amounts of RF excitation is significantly nonlinear [see [33, eqs. (1)-(3)] and (1)-(16)]. In addition, phantom calibration cannot account for possible gain inhomogeneities induced by the interaction of anatomy and the RF coils.
A semiautomated approach to brain morphometry has been utilized by Kennedy et al. [34]. This method is based on the detection of tissue edges. While tissue edges may be reliably detected in areas of good contrast, some additional work is needed to insure that the resulting surfaces are topologically coherent.

The present work has focused on the correction of intensity inhomogeneities in MR. The correction of magnetic field inhomogeneities of MR images has received considerable attention. Such inhomogeneities can cause significant geometrical distortions. An effective in vivo correction approach is described in [35].

VI. CONCLUSIONS

We have demonstrated a new fully automatic method, called adaptive segmentation, for segmenting and intensity-correcting MR images.

Adaptive segmentation increases the robustness and level of automation available for the segmentation of MR images into tissue classes by correcting intra- and inter-scan intensity inhomogeneities. Via improved segmentation, the approach leads to improved automatic 3-D reconstruction of anatomical structures, for visualization, surgical planning, disease research, drug therapy evaluation, anatomical reference and other purposes.

Adaptive segmentation also facilitates the post-processing of medical MR images for improved appearance by correcting intensity inhomogeneities present in the image. This is especially useful for images derived from surface coils, where the large intensity variations make it difficult to accommodate the image data on films for viewing.

ACKNOWLEDGMENT

The authors wish to thank M. Ainsle, M. Anderson, J. Chou, G. Ettinger, L. Gleason, C. Guttmann, S. Hushek, H. Hokama, M. Jakab, T. Kapur, S. Kulkarni, R. McCarley, M. Shenton, S. Warfield, and C. Wible for contributions to this paper.

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