Introduction

- Existing approaches for the prevention and treatment of obesity are hampered by the lack of accurate, low-burden methods for selfassessment of food intake, especially for hardto-reach, low-literate populations.
- **Goal**: create a nutrition dialogue system that automatically extracts foods from a user's spoken meal log.
- E.g., "This morning I ate a bowl of Kellogg's cereal."
- We have explored two components:
 - Data collection

Language understanding (i.e., tagging and segmenting food concepts)

Data Collection

- We collected and labeled 1,302 breakfast diaries on Amazon Mechanical Turk (AMT).
- Three rounds:
- Writing meal descriptions
- Labeling foods
- Labeling properties (i.e., brand, quantity, description)

Categories & Sample Phrases

Brand Trader Joe's, Kellog's, homemade... Quantity a cup, a large bowl, two [eggs]... Description black [coffee], nonfat [milk]...





DATA COLLECTION AND LANGUAGE UNDERSTANDING OF FOOD DESCRIPTIONS

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had two eggs and 2 and a half strips of bacon this morning with two pieces of toast with margarine and Smucher 's strawberry jam on it . I had a cup of milk to drink with it . Fig. 1. The AMT task for labeling foods in a meal description. You will be presented with several descriptions of meals. Within each description, one food item will be highlighted in red text. Categorize the words associated with that food item.

Select a phrase to categorize by dragging from the first word to the last word, then select the relevant category from the popup menu.

Please review all categories and sample phrases on the left before you begin!

a	large	bowl	of	Kellogg	's	Frosted	Flakes	with	about	а
2	% m	ilk 🔒								

Fig. 2. The AMT task for labeling properties of foods.

Tagging Results

• Evaluated semi-CRF performance at the food concept level, rather than at the token level.

Label	Precision	Recall	F1
Food	92.5	87.5	89.9
Brand	87.3	71.0	78.3
Quantity	92.4	91.3	91.9
Description	85.6	77.6	81.4
Other	91.7	95.8	93.7
Overall	88.3	82.2	85.1

 Table 2. Semi-CRF concept-level performance.

- Foods, quantities, and other were labeled more accurately than brands or descriptions.
- Semi-CRF performance was not significantly different from CRF (significance measured using McNemar's test).





Segmenting Results

- TBL improved upon the simple rule and Markov model baselines.
- CRF significantly better than other methods.

Approach	Acc	Prec	Recall	F1
Simple Rule	84.4	51.5	54.2	52.8
Simple + TBL	94.3	77.9	78.3	78.1
MM	84.9	54.6	57.2	55.9
MM + TBL	95.2	82.7	80.4	81.5
CRF	97.2	87.1	87.1	87.1
CRF + TBL	95.5	84.0	82.9	83.4

 Table 3. Performance on food segmenting task (token level accuracy and phrase-level F1).

- Simple rule incorrectly assigns properties if attribute comes after its corresponding food.
- Markov model makes mistakes by incorrectly segmenting foods.

Conclusions

- Performed data collection and annotation of food diaries via Amazon Mechanical Turk.
- Conducted semantic labeling experiments using a semi-CRF with an F1 test score of 85.1.
- Explored three methods for associating foods with their corresponding attributes: a Markov model (MM), transformation-based learning (TBL), and a CRF classifier.
- CRF is the best food segmenting model, achieving a phrase-level F1 score of 87.1.

Ongoing Work

- Asking follow-up questions to narrow down the database hits.
- Mapping user's spoken quantities to database quantities.
- Refining the user interface.